

Your Ideal Career / Work Choice

Finish the following statement with as many reasons as possible.

Manager _____ is my ideal career / work choice because...

Example:

Machinist is my ideal career choice because of my experience at overhauling and assembling three street roadsters.

▶ _____

▶ _____

▶ _____

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How to Make Your Career / Work Choice a Reality

Making a plan to reach your ideal career/work choice will ensure it will happen. Take time to write out the steps that you need to do and are prepared to take for your plan to become a reality.

Specify the steps required to reach your goal. Making a concrete plan will increase the chances of success. By determining and writing out the specific steps, you are more likely to commit to and carry out the plan. Write specific actions steps, a start date, who can help you and how. This will give a framework for you to achieve steps.

The top row is an example of what you could write.

Action	Start Date	Support Network	How They Can Help
<i>Have informational interviews with people in their jobs</i>	<i>Tuesday afternoon</i>	<i>My coach</i>	<i>Provide me with the first person to interview</i>
Research potential companies	Immediately	Former Manager	Provide further network connections and who to research

Challenges That Can Impact Your Goal

Anything worth doing comes with its own challenges. Preparing for those challenges can help you to figure out how you are going to overcome them, or at least reduce the negative impact that the challenge poses. Identifying and overcoming challenges can help you List the challenges you have to reach your goal right now. Write down what you can do to eliminate or reduce the challenge, who can help you and when will you start.

The top row is an example of what you could write.

Challenge	What I Will Do	Who Can Help	Start Date
<i>Not enough money for training</i>	<i>Look into grants and student loans</i>	<i>Career Guidance Counsellor at College</i>	<i>Appointment on Wednesday</i>

Informational Interviews

A good way to research whether a career or a job will be a good fit is to talk to people who have that job already.

Ideally you want to talk to at least three people about what they like and don't about that job. Each person is going to have their own bias, so take that into consideration when you are making your decisions.

Use the templates on pages 24 - 26 to take notes during informational interviews with people from your ideal career/work choice.

Here are some suggested questions. You can come up with your own.

1. How did you get into this line of work?
2. What do you particularly enjoy about this occupation?
3. What are the challenges surrounding this work?
4. What are the major activities that fill your time on a typical day? Typical week?
5. What are the typical daily pressures?
6. What is the education and training needed for this job?
7. What would be a good starting point for someone interested in entering this line of work?
8. What are the most important skills needed to work in this area?
9. What personal qualities help you succeed in this occupation?
10. Who else would you recommend discuss this line of work with?
11. May I use your name as a reference when I contact him/her?
12. In summary, the major points I have learned are..., do you agree?

Informational Interview 1

Training & Education

Work Environment

Positives and Negatives

Skills & Qualities Needed

Informational Interview 2:

Training & Education

Work Environment

Positives and Negatives

Skills & Qualities Needed

Informational Interview 3:

Training & Education

Work Environment

Positives and Negatives

Skills & Qualities Needed

Expanding Your Career Options

Look at the job you want or one that you have had and if it is not possible to do that job now, think of other jobs you could do using those skills.

See the example below for a carpenter who could not find work as a carpenter and all the different positions they could look into.



Use this template to explore jobs that require similar skills to a job or career you want, or have previously held, but cannot currently pursue.



For More Information

Employment and Social Development Canada

<https://www.canada.ca/en/employment-social-development.html>

Globe and Mail - Business - Careers

<https://www.theglobeandmail.com/business/careers/>

Canada Youth Employment

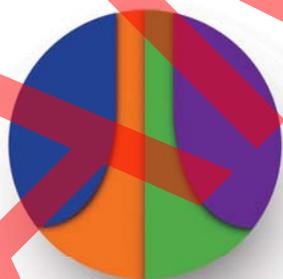
<https://www.canada.ca/en/services/jobs/opportunities/student.html>

Ontario Labour Market Report

<http://www.ontariolabourmarketreport.ca/>

BC Labour Market Report

<http://www.bclmr.ca/>



**WINNIPEG
TRANSITION
CENTRE**

The Winnipeg Transition Centre wishes to acknowledge the Founder and former Executive Director, the late Ron Bartlette, for his vision and leadership in developing the Values and Skills Assessment Cards. The cards have become both valuable as resource materials and as components of our Career Planning Coach workshops. We would also like to thank the members of our staff who worked with Ron to first introduce these cards and who continue to collaborate with our community service partners in updating the cards to the current version.