



Personality
DIMENSIONS[®]

PD for Youth Profile Report

Prepared For: Sam P L Report (sample@clsr.ca)

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PD
in Action[®]

Your Personality Dimensions[®] Report talks about the personality styles, or colours, that best describe you, based on your answers. This report can help you to get to know yourself better. It talks about the things you do easily and what is important to you. It also reports how you see the world.

This report contains information about each of the four colours. Having this information will help you understand yourself and other people whose colour is different from your own.

Use this report to help you put your Personality Dimensions[®] into action at work, at home, with friends and where you live.



	 Inquiring Green	 Organized Gold	 Authentic Blue	 Resourceful Orange
Picture Cards	2	1	4	3
Life Values	2	1	4	3
Learning	2	1	4	3
With Friends & Family	2	1	4	3
At Work	2	1	4	3
Traits & Characteristics	3	4	2	1
FINAL SCORE	13	9	22	16

About you:

Most Like You	A Lot Like You	A Bit Like You	Not Much Like You
Authentic Blue	Resourceful Orange	Inquiring Green	Organized Gold

Where does your energy come from?



Authentic Blue

Core Needs: Relationships & Becoming a Better Person



Characteristics

likes most people
understands people
shares feelings
full of energy
supportive and warm
expressive
honest
cares about other people
thinks positively

Skills

motivating
leading
speaking and writing
mentoring and training
listening and communicating
maintaining harmony
building teams
mediating conflicts
encouraging others

Getting Along With Authentic Blues

make people feel welcome
allow them to show their feelings
ask their help in resolving team conflicts
encourage people to get along
show interest in them as a person
let them be creative
argue feelings not just facts

At Work

friendly & welcoming environment
sharing ideas with others
making decisions as a group
calm and helpful co-workers
creative tasks
cooperative problem solving

Likes

meeting new people
honesty
harmony and peace
quotes that inspire
being respected
being cared for
entertaining others
changing to meet others' needs
friendships

Strengths

working well with others
creative thinking
sharing thoughts
showing true concern
strong instincts
seeing potential in others
commitment to helping people
helping others grow
building harmony
helping with conflicts

Problems Caused By

too many things to remember
being rude or dishonest
people being ignored
too many projects at the same time
mean or unkind comments
lying and cheating
lack of praise
expecting too much of them

Learning

value unity and harmony
prefer to be part of a group
enjoy stories and case examples
most comfortable in a non-competitive environment
appreciate teachers/instructors who take the time to get to know them
learn well where everyone can communicate easily

Needs

harmony
being with others
few details
approval from others
support without any limits
encouragement
attention
being popular
being accepted

Potential Weaknesses

setting unrealistic goals
being too compliant
not using time wisely
not being able to say "no"
trying to do too much
getting too involved
being slow to decide
being too sensitive to conflict
seeing too many potential problems
showing favouritism
making people dependent (by helping them too much)

Rewarding Authentic Blues

give them opportunities to learn new people skills
compliment them in front of others, or send a note
praise their creative ideas
value how they work with others, and how they motivate them
recognize how they help people get along
value their feelings and ideas

Resourceful Orange

Core Needs: Freedom, Activity, & Variety

Characteristics

open to anything new
looks for change
makes quick decisions
independent
competitive
very generous
funny and clever
clear and direct
realistic risk-taker
does not judge other people

Skills

getting things done
leading others, being “in charge”
convincing other people
talking in front of groups
making “deals,” selling
creating and designing
responding to emergencies
fixing mistakes
managing many projects

Getting Along With Resourceful Oranges

give challenging tasks
make tasks a competition
let them have fun with the job
give them leadership or hands-on tasks
supervise them less
give them a variety of tasks
don't tell them “how” to do it

At Work

fast-paced environment
working on a variety of tasks
minimal direction/supervision
freedom to work independently
quick decision-making
energetic & adaptable co-workers

Likes

taking risks
adventures
fixing problems
taking care of emergencies
being the boss
learning by doing things
finishing things quickly

Strengths

flexible and relaxed
gets quick results
good problem solver
good in a crisis
speaks clearly
thinks quickly
can work long and hard
works well under pressure
sees opportunities
fun and entertaining

Problems Caused By

not being valued for efforts
too much structure
lack of praise
too many rules
long meetings and a lot paperwork
work with too much theory
strict rules
being unclear or sly

Learning

value acting on a moment's notice
work best when participating in activities
prefer hands-on learning activities – learning by doing
need to understand how they can use what they are learning
like the freedom to experiment with what they are learning
learn well in an unstructured environment with lots of freedom to move

Needs

to be in control
to work with little supervision
freedom to decide quickly
a chance to perform
freedom to create
results
feedback
to try new things often
to have skills noticed

Potential Weaknesses

impatient with theory
not willing to argue about words
may not see past today
not interested in abstract ideas
not completing some jobs
not focussing on details
being “pushy”
acting too quickly
too willing to argue
may bend rules to get things done

Rewarding Resourceful Oranges

give rewards like money, plaques, time off, etc.
compliment them on their efforts
praise their strength and ability to adapt
applaud their approach to problem-solving
value how well they work under pressure

Inquiring Green

Core Needs: Knowledge & Know How



Characteristics

wants things to make sense
expects high quality
makes improvements
creates systems that work
investigates
asks questions
controls emotions
thinks of new ideas/methods
sets high standards

Skills

creating a mental picture
solving problems
researching and developing
observing
figuring things out
planning and organizing
understanding difficult ideas

Getting Along With Inquiring Greens

encourage their ideas
argue facts, not feelings
look at the whole situation, not the details
assign tasks that challenge them
give space and time for work
ask for their ideas first
refer to rules when questions come up

At Work

well-equipped environment
problem solving & brainstorming
room to think & be creative
using strengths and abilities
knowledgeable coworkers
understanding why a task needs to be done

Likes

exploring ideas
discovering
designing models
improving quality
creating plans
solving hard problems
explaining things
lots of information

Strengths

thinking about ideas
figuring out "how" and "why"
learning
working hard on a project
clear thinking
using exactly the right words
analyzing
understanding meanings

Problems Caused By

not being able to be independent
showing a lot of emotion
ideas being snubbed by others
incompetence
being forced to make quick decisions
feedback thought to be negative
being bored
being kept on a need-to-know basis
having to speak before thinking it through

Learning

value research and independent study
enjoy strategic planning or problem solving
want to understand the who, what, why, when, where and how
expect excellence from teachers and self
do not like routine or repetition; have no tolerance for unnecessary work
learn well in creative, unstructured environments

Needs

knowledge
high standards
freedom to ask "why?"
independence
thinking time
privacy

Potential Weaknesses

complicated explanations
loses focus if bored
doesn't worry about others' feelings
can be impatient
may not complete a boring project
gives too much information
argues (for fun, sometimes!)
dislikes emotional outbursts
too analytical

Rewarding Inquiring Greens

give them opportunities to learn new skills
praise their creativity and skill
recognize how well they have done their work
listen to their ideas
be open to their thoughts and opinions

Organized Gold

Core Needs: Belonging, Duty & Responsibility

ORGANIZED GOLD

Characteristics

organized and neat
plans ahead/always prepared
enjoys traditions
responsible and practical
reliable and loyal
serves others, helpful
someone to be trusted
finishes jobs on time
likes rules, respects leaders
patient, works well with others

Skills

planning and organizing
taking care of details
supervising/managing
following directions
collecting/sorting information
doing routine work
bookkeeping/counting
getting things done/helping
listening

Getting Along With Organized Golds

be organized and on time
have a backup plan
give them what they need to get the job done
help them understand what you expect
make requests clear
have a plan and keep to it
give good reasons for changing things
keep promises

At Work

structured & predictable environment
working on one thing at a time
regular schedule
collaborative co-workers
finishing tasks on time
projects with clear goals & expectations

Likes

things in order
finishing a job well
being known as part of a group
being prepared
getting things done quickly
practical rewards (e.g., money)
making things stable
creating structure

Strengths

dependable and stable
gets things done
meets deadlines
provides order
clear sense of right/wrong
thinks carefully before doing
produces good quality
cares about details
willing to help
works very hard

Problems Caused By

vague roles and duties
unclear or changing rules
being bothered a lot while working
messy workspace
unplanned changes
not knowing who's in charge
not enough time to finish a task
doing too many things at the same time

Learning

value clear instructions and rules
need a sense of structure, responsibility and belonging
prefer to learn from a credible, established instructor
want a solid basic foundation before moving on to advanced concepts
prefer practical applications to theories
learn well in an organized, structured environment

Needs

stability
a plan
details
rules
steps to follow predictable routines
to belong
to feel needed and useful
to finish things

Potential Weaknesses

doesn't look at the future
narrow focus on "now"
can be stubborn
unforgiving, if trust is broken
hard to change
may seem negative/critical
expects too much from self
expects too much from others

Rewarding Organized Golds

compliment them on their work
reward their loyalty, and efforts
recognize their value to the team
tell them how much they are valued
welcome their organized style
give rewards like money, plaques, cards, etc.

Where does your energy come from?

Personality Dimensions teaches about four types of people. There is another important part of us that the people around us see, and that is how we get our energy. This is called Introversion and Extraversion, or as being an Introvert or Extravert. There are Introverts and Extraverts in all four temperament groups.

Often we think that Introverted means “shy” and Extraverted means “outgoing.” Instead, these words talk about how people get their energy. Introverts get their energy by having quiet time. Extraverts get their energy from keeping in touch with the people, places and things around them.

Introverts often prefer to do their thinking and planning by themselves. Extraverts enjoy talking and being part of a group. There are, however, outgoing Introverts and shy Extraverts. Some Introverts enjoy being with a group of people but they may need a quiet time after. Some Extraverts can be quiet and a bit shy at first, but they will become more involved once they are comfortable.

What the Extravert says out loud is not always what they decide to think or do. They are just throwing thoughts out. When Introverts are quiet and not talking they are not necessarily bored ... they may simply be listening and thinking about what they are hearing. Give them some time and then ask what they think and you may be surprised

SAMPLE

Important Tips to Remember

We're All Plaid

Personality Dimensions® does not put people in little boxes.

Don't use it to give someone else a "label."

Each person is a mix of all four personality styles.

Everyone can use each of the four styles when they need to.

Most of us have one or two styles that fit best for us.

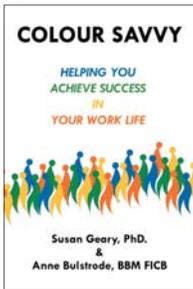
These are the styles that we prefer to use most often.

Keep the conversation going...

Join Our  Group

www.facebook.com/PDspeaks

Grow Your Personality Dimensions®

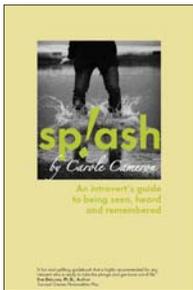


Colour Savvy - Helping You Achieve Success in Your Work Life

By: Susan Geary Ph.D. & Anne Bulstrode, BBM FCB

How can you succeed and thrive in the challenging work world that exists today? One way is by understanding yourself and those around so you can maximize your success in the workplace. This easy to read book will help you gain further insight into the four Personality Dimensions®. This knowledge will help you appreciate others, interact with them more effectively, and achieve your work related goals. **Colour Savvy** could change your life!

\$21.95 ISBN# 978-1-89-442249-9

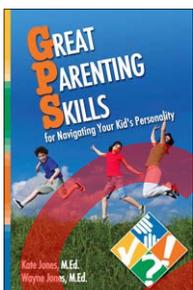


Splash! - An Introvert's Guide to Being Seen, Heard & Remembered

By: Carole Cameron

Splash! is a slightly irreverent look at Introversion, with a very practical goal. It will help you reach the personal and professional success you dream of. Tired of missing out on opportunities, recognition or relationships? **Splash!** is a "Boot Camp for Introverts" who want to get more things out of life, while remaining true to your nature. **Splash!** is based on input from real-life Introverts: clients and workshop participants, as well as exhaustive research. It's a hands-on exploration of what you want, what's getting in your way and practical strategies for forming new habits and attitudes.

\$17.95 ISBN# 978-1-89-442250-5



Great Parenting Skills for Navigating Your Kid's Personality

By: Kate Jones, M.Ed. & Wayne Jones, M.Ed

Do you sometimes wonder if your child is trying to drive you crazy? Or do you sometimes ask the question, "Why can't they be more like me?" **Great Parenting Skills for Navigating Your Kid's Personality** is the product of the authors' Personality Dimensions® based parenting workshops that help parents understand better "what makes our kid tick." The book acts as a Roadmap (...or GPS!) that provides effective parenting techniques geared to your child's specific and natural way of behaving, while promoting positive self-esteem.

\$19.95 ISBN# 978-1-89-442255-0

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