

# DIMENSIONS PD Basics Profile Report

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Your Personality Dimensions<sup>®</sup> Report talks about the personality styles, or colours, that best describe you. It is based on your answers. This report can help you to get to know yourself better. It talks about the things you do easily and what is important to you. It also reports how you see the world.

This report has information about each of the four colours. This will help you understand yourself and others around you.

Use this report to help you put your Personality Dimensions<sup>®</sup> into action at work, at home, with friends and where you live.



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	Inquiring Green		ganized Gold	Authentic Blue	Resourceful Orange	
Picture Cards	2		1	4	3	
Life Values	2		3	1	4	
At Work	3		4	1	2	
In Relationships	1		2	3	4	
In Communications	3		2	4	1	
In Conflict	4		3	2	1	
Traits & Characteristics	4		3	2	1	
FINAL SCORE	19		18	17	16	
About you:						
Most Like You A Lot Like	A Lot Like You		A Bit Like You		Not Much Like You	
Inquiring Green Organized	Organized Gold		Authentic Blue		Resourceful Orange	
Where does your energy come from?						
Extraverted ×				×	Introverted	



# **Inquiring Green**

Core Needs: Knowledge & Know How

#### Characteristics

wants things to make sense expects high quality makes improvements creates systems that work investigates asks questions controls emotions thinks of new ideas/methods sets high standards

#### Likes

exploring ideas discovering designing models improving quality creating plans solving hard problems explaining things lots of information

#### Needs

knowledge high standards freedom to ask "why?" independence thinking time privacy

#### Skills

creating a mental picture solving problems researching and developing observing figuring things out planning and organizing understanding difficult ideas

#### Strengths

thinking about ideas figuring out "how" and "why" learning working hard on a project clear thinking using exactly the right words analyzing understanding meanings

#### **Potential Weaknesses**

complicated explanations loses focus if bored doesn't worry about others' feelings can be impatient may not complete a boring project gives too much information argues (for fun, sometimes!) dislikes emotional outbursts too analytical

#### Getting Along With Inquiring Greens

encourage their ideas argue facts, not feelings look at the whole situation, not the details assign tasks that challenge them give space and time for work ask for their ideas first refer to rules when questions come up

## **Problems Caused By**

not being able to be independent showing a lot of emotion ideas being snubbed by others incompetence being forced to make quick decisions feedback thought to be negative being bored being kept on a need-to-know basis having to speak before thinking it through

#### **Rewarding Inquiring Greens**

give them opportunities to learn new skills praise their creativity and skill recognize how well they have done their work listen to their ideas be open to their thoughts and opinions

#### **Work Environment**

Inquiring Greens like to work on jobs that make them think and be creative. They prefer to work on their own without a lot of interruptions. They enjoy working in a team to solve problems and like talking about and sharing ideas with co-workers. Inquiring Greens like to be involved in a job from the start so they understand what needs to be done and why. Inquiring Greens do their best work when they are allowed to use and show their own abilities.



# **Organized Gold**

Core Needs: Belonging, Duty & Responsibility

#### **Characteristics**

organized and neat plans ahead/always prepared enjoys traditions responsible and practical reliable and loyal serves others, helpful someone to be trusted finishes jobs on time likes rules, respects leaders patient, works well with others

## Skills

planning and organizing taking care of details supervising/managing following directions collecting/sorting information doing routine work bookkeeping/counting getting things done/helping listening

#### Getting Along With Organized Golds

be organized and on time have a backup plan give them what they need to get the job done help them understand what you expect make requests clear have a plan and keep to it give good reasons for changing things keep promises

#### Likes

things in order finishing a job well being known as part of a group being prepared getting things done quickly practical rewards (e.g., money) making things stable creating structure

## Strengths

dependable and stable gets things done meets deadlines provides order clear sense of right/wrong thinks carefully before doing produces good quality cares about details willing to help works very hard

## **Problems Caused By**

vague roles and duties unclear or changing rules being bothered a lot while working messy workspace unplanned changes not knowing who's in charge not enough time to finish a task doing too many things at the same time

#### Needs

stability a plan details rules steps to follow predictable routines to belong to feel needed and useful to finish things

## **Potential Weaknesses**

doesn't look at the future narrow focus on "now" can be stubborn unforgiving, if trust is broken hard to change may seem negative/critical expects too much from self expects too much from others

## **Rewarding Organized Golds**

compliment them on their work reward their loyalty, and efforts recognize their value to the team tell them how much they are valued welcome their organized style give rewards like money, plaques, cards, etc.

#### Work Environment

Organized Golds like to work where things are structured and predictable. They like to know in advance what they are going to work on, and prefer to work on one thing at a time. They have a strong work ethic which means they like to plan their work in advance so they can be sure that it is done well and on time. They work best when they understand what needs to be done. Organized Golds are happy working on their own, but also enjoy belonging to a team where everyone shares in the work to get the job done.



# **Authentic Blue**

Core Needs: Relationships & Becoming a Better Person

#### **Characteristics**

likes most people understands people shares feelings full of energy supportive and warm expressive honest cares about other people thinks positively

#### Skills

motivating leading speaking and writing mentoring and training listening and communicating maintaining harmony building teams mediating conflicts encouraging others

#### Likes

meeting new people honesty harmony and peace quotes that inspire being respected being cared for entertaining others changing to meet others' needs friendships

## Strengths

working well with others creative thinking sharing thoughts showing true concern strong instincts seeing potential in others commitment to helping people helping others grow building harmony helping with conflicts

#### Getting Along With Authentic Blues

make people feel welcome allow them to show their feelings ask their help in resolving team conflicts encourage people to get along show interest in them as a person let them be creative argue feelings not just facts

## **Problems** Caused By

too many things to remember being rude or dishonest people being ignored too many projects at the same time mean or unkind comments lying and cheating lack of praise expecting too much of them

#### Needs

harmony being with others few details approval from others support without any limits encouragement attention being popular being accepted

## **Potential Weaknesses**

setting unrealistic goals being too compliant not using time wisely not being able to say "no" trying to do too much getting too involved being slow to decide being too sensitive to conflict seeing too many potential problems showing favouritism making people dependent (by helping them too much)

## **Rewarding Authentic Blues**

give them opportunities to learn new people skills compliment them in front of others, or send a note praise their creative ideas value how they work with others, and how they motivate them recognize how they help people get along

value their feelings and ideas

## Work Environment

Authentic Blues like to work in a place that is friendly and welcoming. They prefer to work in a group where they can share ideas. Talking about problems and reaching a decision together is important to them. Authentic Blues prefer it when the people they work with are calm and helpful. They enjoy doing a lot of different tasks that use their creativity. Authentic Blues work best in a team that values honesty and cooperation, but also work well on their own.



# **Resourceful Orange**

Core Needs: Freedom, Activity, & Variety

### **Characteristics**

open to anything new looks for change makes quick decisions independent competitive very generous funny and clever clear and direct realistic risk taker does not judge other people

## Skills

getting things done leading others, being "in charge" convincing other people talking in front of groups making "deals", selling creating and designing responding to emergencies fixing mistakes managing many projects

#### Getting Along With Resourceful Orange

give challenging tasks make tasks a competition let them have fun with the job give them leadership or hands-on tasks supervise them less give them a variety of tasks don't tell them "how" to do it

### Likes

taking risks adventures fixing problems taking care of emergencies being the boss learning by doing things finishing things quickly

## Strengths

flexible and relaxed gets quick results good problem solver good in a crisis speaks clearly thinks quickly can work long and hard works well under pressure sees opportunities fun and entertaining

## **Problems Caused By**

not being valued for efforts too much structure lack of praise too many rules long meetings and a lot paperwork work with too much theory strict rules being unclear or sly

#### Needs

to be in control to work with little supervision freedom to decide quickly a chance to perform freedom to create results feedback to try new things often to have skills noticed

## **Potential Weaknesses**

impatient with theory not willing to argue about words may not see past today not interested in abstract ideas not completing some jobs not focussing on details being "pushy" acting too quickly too willing to argue may bend rules to gets things done

## **Rewarding Resourceful Oranges**

- give rewards like money, plaques, time off, etc. compliment them on their efforts praise their strength and ability to adapt applaud their approach to problem-solving
- value how well they work under pressure

## Work Environment

Resourceful Oranges like to work where things get done quickly, without a lot of rules, and where conditions change to suit the job. Being able to do things their own way and at their own fast pace is really important to them. Resourceful Oranges enjoy doing a variety of tasks, often at the same time. They tend to do things at the last minute and don't like a lot of detailed instructions. Resourceful Oranges like working in a team, but also work well on their own.



Personality Dimensions teaches about four types of people. There is another important part of us that the people around us see, and that is how we get our energy. This is called Introversion and Extraversion, or as being an introvert or Extravert. There are Introverts and Extraverts in all four temperament groups.

Often we think that Introverted means "shy" and Extraverted means "outgoing." Instead, these words talk about how people get their energy. Introverts get their energy by having quiet time. Extraverts get their energy from keeping in touch with the people, places and things around them.

Introverts often prefer to do their thinking and planning by themselves. Extraverts enjoy talking and being part of a group. There are, however, outgoing Introverts and shy Extraverts. Some Introverts enjoy being with a group of people but they may need a quiet time after. Some Extraverts can be quiet and a bit shy at first, but they will become more involved once they are comfortable.

What the Extravert says out loud is not always what they decide to think or do. They are just throwing thoughts out. When Introverts are quiet and not talking are not necessarily bored ... they may simply be listening and thinking about what they are hearing. Give them some time and then ask what they think and you may be surprised



## **Important Tips to Remember**

## We're All Plaid

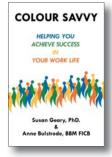
Personality Dimensions® does not put people in little boxes. Don't use it to give someone else a "label." Each person is a mix of all four personality styles. Everyone can use each of the four styles when they need to. Most of us have one or two styles that fit best for us. These are the styles that we prefer to use most often.

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### Colour Savvy - Helping You Achieve Success in Your Work Life By: Susan Geary Ph.D. & Anne Bulstrode, BBM FCB

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### Splash! - An Introvert's Guide to Being Seen, Heard & Remembered By: Carole Cameron

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### Great Parenting Skills for Navigating Your Kid's Personality By: Kate Jones, M.Ed, & Wayne Jones M.Ed

Do you sometimes wonder if your child is trying to drive you crazy? Or do you sometimes ask the question, "Why can't they be more like me?" **Great Parenting Skills for Navigating Your Kid's Personality** is the product of the authors' Personality Dimensions<sup>®</sup> based parenting workshops that help parents understand better "what makes our kid tick." The book acts as a Roadmap (...or GPS!) that provides effective parenting techniques geared to your child's specific and natural way of behaving, while promoting positive self-esteem.

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